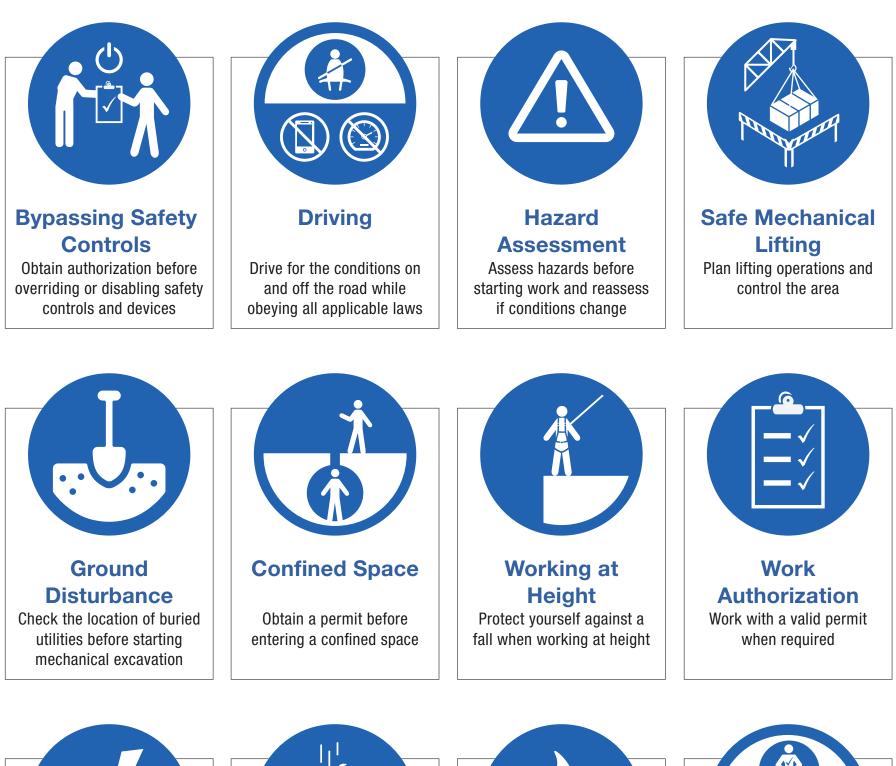
Life Saving Rules













Energy Isolation

Verify isolation and zero energy before work begins

Line of Fire

Keep yourself and others out of the line of fire

Hot Work

Control flammables and ignition sources

Fit for Duty

Be in a state to perform work safely



STOP AND THINK SAFETY STARTS WITH ME

Stop work when you see a Life Saving Rule not being followed or where you feel you cannot meet a Life Saving Rule

